

Family dental-care provider research checklist

Use this from home to compare named dentists, exact clinic branches, treatment plans, emergency options, insurance and follow-up care before choosing where to live or paying a deposit.

MOVING FROM	DESTINATION / CITY	PLANNING CURRENCY	LAST CHECKED
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HOW TO USE

Read the linked SettleHappy guide first. Tick an item when the answer or evidence is saved in your own move folder. Recheck volatile facts before paying or applying.

1 List the dental care your family may need

- ☐ Record each family member's current dentist, diagnoses, active treatment, dental anxiety, additional needs, medicines, allergies and relevant medical conditions.
- ☐ List routine prevention, child dentistry, orthodontic reviews, gum or root-canal follow-up, planned restorative work and any likely surgical need separately.
- ☐ Ask the current dentist or orthodontist what must be completed before departure, what can safely transfer and what review interval applies.
- ☐ Request relevant notes, periodontal and treatment history, diagnostic radiographs, orthodontic records and a concise current-care summary in portable formats.

2 Check the dentist and the exact clinic

- ☐ Obtain the full registered name and current licence, registration or practice permit for the dentist who will diagnose and treat, not only the clinic owner.
- ☐ Check any advertised paediatric, orthodontic, endodontic, periodontal, restorative or oral-surgical specialist status through the recognised destination service.
- ☐ Request the current clinic or facility authority for the exact branch and confirm it covers the proposed imaging, surgery, sedation or other service.
- ☐ Save the regulator search result, clinic details and date checked. Pause before payment if an important claim cannot be confirmed.

3 Test safe care and meaningful consent

- ☐ Ask how the clinic manages hand hygiene, PPE, safe injections, sterilisation and monitoring of reusable instruments, single-use items, surfaces, waterlines and sharps.
- ☐ Confirm the treating clinician can explain the diagnosis, alternatives, benefits, material risks, stages, recovery and aftercare in a language the patient understands, or that a competent interpreter will attend.
- ☐ For a child or anxious patient, ask about behaviour guidance, restraint policy, parental presence, safeguarding and the threshold for sedation or hospital referral.
- ☐ For sedation, general anaesthesia or medically complex surgery, identify the responsible clinician, monitoring, recovery criteria, emergency equipment and licensed receiving hospital.

4 Compare a complete treatment episode

- ☐ Require an in-person diagnosis and itemised written plan before irreversible treatment; include examination, imaging, clinicians, laboratory, materials, temporaries, anaesthesia, medicines and reviews.
- ☐ Record the exact crown, implant, appliance or other system and material, relevant laboratory, expected treatment and healing time, alternatives and consequences of doing nothing.
- ☐ Ask for published or auditable complication information where available, the clinic's complaint route, indemnity evidence, written guarantee scope and exclusions.
- ☐ Price unplanned review, revision, extra accommodation, adult time off, return travel, remedial care at home or elsewhere and the risk that another dentist will not accept the original work.

5 Plan emergency care, insurance and follow-up

- ☐ Name a same-day dentist and an appropriate hospital from every shortlisted home for spreading infection, significant swelling, trauma, bleeding or medical deterioration.
- ☐ Ask the insurer about routine dental caps, accident benefits, waiting periods, providers, direct billing, pre-authorisation, orthodontic or implant exclusions and emergency deposits.
- ☐ Agree that the clinic will provide notes, diagnostic and final radiographs, prescriptions, itemised invoices, material and laboratory details and an implant record where relevant after treatment.
- ☐ Do not proceed if the clinician or clinic cannot be checked, diagnosis happens only through sales messages, the sedation setting is unclear, there is no hospital option, the timetable is rushed or follow-up records will not be provided.

Information, not regulated immigration, legal, tax, financial or medical advice. Verify current requirements with issuing authorities, providers and appropriately qualified advisers.